



HIAWATHA'S MARTIAL ARTS & FITNESS

In some American schools, Anglicized versions of oriental words are used; however it is customary to use Korean terminology in a Tae Kwon Do classroom. With some terms the Japanese word is more widely used in tournaments, magazines, etc. and in such cases is included in italics. Translations into English will differ since some sounds have no precise English equivalents.

About Face	Duiro Dora	<u>Numbers:</u>	
At ease	Shio	One	Hana
Attention	Charyeeoh	Two	Dool
Begin	Shi jak Hajime	Three	Set
Block	Marki	Four	Net
End	Goman	Five	Tasut
Examination	Simsa	Six	Yausut
Fighting Art	Tae Kwon Do, Karate	Seven	Ilgope
Form	Hyung Kata	Eight	Yaudul
Front Kick	Ap Chagee	Nine	Ahope
High (face area)	Sangdan	Ten	Yaul
Knife hand	Soodo	Eleven	Yaul-Hana
Low (groin area)	Hardan		
Middle (solar plexus)	Chungdan		
One Step sparring	Ilbo Taeryon		
Practice Hall	Dojang Dojo		
Punch	Chirugi		
Ready	Chunbee		
Round Kick	Tolyo Chagee		
Salute (bow)	Kyungye		
Side Kick	Yop Chagee		
Sparring	Tae ryon Kumite		

Stances:

Back Stance	Fugul Sugi
Front Stance	Chongul sugi
Straddle Stance	Kima sugi
Striking Board	Tal yon chu Makiwara
Teacher	Sa Bum Sensei
Uniform	Dobok Gi
Yell	Kiap Kia